

## MANDATORY PARENT EDUCATION SEMINAR

### “Reducing the Effects of Divorce on Children”

A Court required seminar for all parents. After attending the complete 5-hour seminar, participants will receive a certificate of completion, which is required when filing your divorce documents with the Probate Court. Massachusetts law states that spouses cannot attend the same session, but they may go to the same location at different times. This is a two-day seminar which currently costs \$65.00. (Check with the program to determine the exact cost.) Classes normally fill up well in advance.

Parents will always be connected through their children. Making this situation work is challenging and sometimes difficult. The seminar aims to help divorcing couples to continue parenting children effectively and to assist in coping with the effects of separation and divorce.

Topics that will be discussed are:

- How families experience separation, divorce, and custody/visitation disputes
- Typical reactions of children
- Developmental needs of children
- Strategies to help children cope
- Common pitfalls to avoid

For a list of items to consider at mediation [click here](#).